



Christian GARLAND

42

Age:

38

England Caps:

Middle

Position:

Galaxy

Touch Series Team:

Men's 40

TWC Team:

[@Touch_kent](#)

Tweets by:

Favourite/best Touch moments:

Club: With Galaxy Touch took 7 guys and 1 girl to Vienna, Austria for Men's open tournament in 2012 – attritional number of games in close to 30 degree heat. We won the final in a drop off against Austria men's open which had 16 players and subs.....an incredible win requiring every ounce of energy and heart - what a party we had afterwards!

Country: Final at Euros 2014 v hosts Wales with England M40 – lost 5-4 however we gelled as a team in the final and competed well narrowly losing and winning a Silver medal in the process.

Profile:

I first played Touch (as I now know it!) in 2008 at local tournament after playing Rugby Union at hooker position at schools 1st XV and later open side flanker for TWRFC since 1999. I really enjoyed the migration to different code and found Touch fascinating, amazing fun to play and a great focus sport to get fit for. Realised that there was an England set up and trialed in 2010 and was lucky enough to be selected for Men's 35's for the Euros 2010. Since then have played extensively both locally and with London Galaxy and have been lucky enough to be selected for International campaigns since playing with the Men's 35's in 2011 WC and 2012 Euros, Men's 30's in 2013 home nations and since then with my age group peers in the mighty Men's 40's!

As of 2015 I am also a regional development officer for England Touch in South East of England area delivering Touch development and coaching courses for interested Rugby Clubs. Additionally I run an O2 touch centre at TWRFC and surrounding area.

TWC2015 aspirations – To ensure that my team and I compete at the highest possible level regardless of the opposition. To play high level & competitive touch and to come away with a medal.

International record

38 Caps with 17 Touchdowns spanning 5 international tournaments.