

## ENGLAND TOUCH RETURN TO PLAY: CHECKLIST BEFORE ACTIVITY



Who	What	Actions
Administrators, Clubs, Officials, League Providers, Tournament Organisers	Preparation	<ul style="list-style-type: none"> <li>• All clubs, league operators and other organisers should ensure they are affiliated members of England Touch with fully paid membership before returning to any form of Touch activity.</li> <li>• All clubs, league operators and other organisers must advise England Touch who their COVID-19 Officer by completing the required <a href="#">self-declaration form</a>. The COVID-19 Officer is responsible for ensuring all Return to Play procedures are in place and that they are communicated to all participants, including, but not limited to players, coaches and officials.</li> <li>• All clubs, league operators and other organisers should ensure they have read and understood the <a href="#">England Touch Return to Play guidance</a> and the <a href="#">Government guidance</a>.</li> <li>• All clubs, league operators and other organisers should only return to play touch when they have undertaken risk assessments of their facilities, operating procedures and activities and have the appropriate measures in place to provide a safe environment for all participants. These measures should be aligned to <a href="#">England Touch Return to Play guidance</a> and the <a href="#">Government guidance</a>. The aim is to reduce the risk of contracting the virus to as low a level as possible through implementing a series of control measures. A template risk assessment is attached to this document and is also available as part of the <a href="#">England Touch Return to Play guidance</a>.</li> <li>• All clubs, league operators and other organisers should ensure they adhere to England Touch regulations, including our <a href="#">safeguarding and welfare policies</a>, especially for U18s, who's return to playing touch may be the first contact that juniors have had with peers for some time. Clubs, league operators and other organisers should also refer to DoFE guidance on <a href="#">protective measures for out-of-school settings</a>, identifying practical steps to minimise the risk of transmission for children attending touch training and matches. Clubs, league operators and other organisers must also take steps to safely manage the need for social distancing especially with younger children.</li> <li>• All clubs, league operators and other organisers should ensure adequate first aid provision continues to be in place for all activity. Whilst injury in Touch is uncommon, especially at local club and league events and activities, where an injury does occur, any first aid treatment is done so with sanitised first aid kits, face masks and social distancing. Ensure all first aiders are appropriately briefed. Additional advice on first aid during the COVID-19 pandemic is available from St John Ambulance <a href="#">here</a>.</li> <li>• All clubs, league operators and other organisers should ensure they have adequate insurance cover in place, either through <a href="#">England Touch</a>, or through an alternative provider.</li> </ul>

For further information, please contact England Touch at [returntoplay@englandtouch.org.uk](mailto:returntoplay@englandtouch.org.uk)

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NHS Test and Trace	<ul style="list-style-type: none"> <li>All clubs, league operators and other organisers must support NHS test and trace efforts by collecting name and contact information on participants at both training and matches. This can either be paper based, via an on-line form, such as google, or via an app, or QR code. This information should be stored for a minimum of 21 days in-line with the Government Recreational Team Sport Framework and collected/processed in accordance with the Data Protection Act 2018 and in line with GDPR principles. It should be used only for the purpose of NHS test and trace. Clubs and facility providers should follow current UK Government NHS test and trace guidance, which is available <a href="#">here</a>.</li> </ul>
Pre-attendance symptom check and general hygiene	<ul style="list-style-type: none"> <li>All clubs, league operators and other organisers must ensure that all participants are aware of good personal hygiene <b>before, during</b> and <b>after</b> activity. No one should feel pressured to return to touch activity until they feel comfortable to do so. It should be made clear to participants that it is their own (or where applicable parents/guardians) decision to opt in to participate in touch activity.</li> <li>Before every training session, or match, all clubs, league operators and other organisers should have a process in place to confirm and record that participants and parents have undertaken a self-assessment. Ideally this should be completed prior to arrival at any venue. This can either be paper based, via an on-line form, such as google, or via an app, or QR code. Clubs, league operators and other organisers must ensure necessary precautions are taken to store data securely and in line with data protection policies.</li> <li>All clubs, league operators and other organisers should share any changes to operations.</li> </ul>
Venues and facilities	<ul style="list-style-type: none"> <li>All clubs, league operators and other organisers should ensure any facilities used are in accordance with <a href="#">England Touch Return to Play guidance</a> and the <a href="#">Government guidance</a>.</li> <li>Where applicable, signage should be used to indicate one-way systems, reminders to register on arrival, and to socially distance.</li> <li>If for any reason persons need to be indoors at any time, clubs, league operators and other organisers should ensure all participants adhere to government guidance with regards the wearing of suitable face coverings, or masks and appropriate provision should be made to ensure safety and safeguarding.</li> </ul>
Numbers at training or matches	<ul style="list-style-type: none"> <li>All clubs, league operators and other organisers should complete a COVID-19 risk assessment to assist them with determining the number of people allowed onsite at any time. The total number will vary dependent on the size of each facility and number of pitches.</li> <li>All participants should be able to remain socially distanced at all times. The only exception will be on the field of play where there can be no more than 30 participants in a training group (or match) on any single</li> </ul>

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		<p>training space, or touch field. Multiple groups of 30 must be completely separate and remain socially distanced from one another at all times.</p> <ul style="list-style-type: none"> <li>• Clubs, league operators and other organisers may want to consider staggering training and matches to accommodate numbers on site and reduce the risk of transmission.</li> <li>• Clubs, league operators and other organisers should also consider other factors relating to the venue, such as car parking, toilet facilities, hand washing/sanitising stations, access restrictions, the impact on capacity of groups from the same household versus individual visitors and any other contributing factor.</li> </ul>
Everyone (anyone who is attending any Touch related activity)	Covid-19 Self-Assessment	<ul style="list-style-type: none"> <li>• Prior to attending any matches or training activity, all participants (including spectators) must undergo a self-assessment for any COVID-19 symptoms. No one should leave home if they have a temperature (above 37.8 °C), a new continuous cough, a loss of, or change to, their sense, smell or taste. This check should take place prior to any Touch related activity and confirmed when registering their attendance. The latest advice on symptoms can be found <a href="#">here</a>.</li> <li>• If an individual shows any symptoms, they should not participate and follow <a href="#">NHS and PHE guidance on self-isolation</a> with immediate effect.</li> </ul>
	Travel to Touch related activity	<ul style="list-style-type: none"> <li>• All participants should follow best practice for travel including minimising use of public transport and where possible walking, or cycling should be used wherever possible.</li> <li>• People from the same household or support bubble can travel together in the same vehicle. Wider car sharing should be limited and follow the <a href="#">Government's safer travel guidance</a>, which includes:</li> <li>• All passengers should wash their hands (for at least 20 seconds) or sanitise their hands before entering and after exiting the vehicle. Ask the driver and passengers to wear a face covering</li> <li>• Try to share transport with the same people each time and open windows for ventilation</li> <li>• Consider seating arrangements to maximise distance between people in the vehicle, traveling side by side or behind other people, rather than facing them, passengers facing away from each other.</li> <li>• Cleaning the car between journeys using standard cleaning products – cleaning the door handles and other areas that people may touch</li> <li>• Limiting the time spent at garages, petrol stations and motorway services. Passengers should wash their hands (for at least 20 seconds) or sanitise before re-entering the vehicle</li> </ul>